

Regional & National Resources

Alzheimer's Association®

800-272-3900 Information Helpline (24/7)
MedicAlert+Safe Return Program
alz.org/mnnd

Senior Linkage Line®

800-333-2433
MinnesotaHelp.info

Veteran's Administration Caregiver Support Line

855-260-3274
www.caregiver.va.gov

East Central Regional Library

763-689-7390

Minnesota Commission Serving Deaf and Hard of Hearing People

651-297-7305(T/V)
mncdhh.org

Minnesota State Services for the Blind

651-642-0500
651-642-0506 (TDD/TTY)
mnssb.org

Minnesota Legal Services

651-228-9105
MNLegalServices.org

10 Signs of Alzheimer's Disease

1 Memory loss that disrupts life

2 Challenges in planning or solving problems

3 Difficulty completing familiar tasks

4 Confusion with time or place

5 Trouble understanding visual images and spatial relationships

6 New problems with words in speaking or writing

7 Misplacing things and losing the ability to retrace steps

8 Decreased or poor judgment

9 Withdrawal from work or social activities

10 Changes in mood and personality

Memory Screening

For a thorough medical evaluation, which is an important step in ruling out other medical reasons for confusion and memory loss contact:

Cambridge Medical Center
701 S Dellwood Cambridge
763-689-7700

Isanti Clinic
Address
000-000-0000



Cambridge

Isanti County Resource Guide

For individuals and families experiencing memory loss

This brochure is designed to assist you in getting started in connecting with local resources and the support you need

ACT on Alzheimer's is a volunteer driven, statewide collaboration preparing Minnesota for the impacts of Alzheimer's disease and related dementias.

Caregiver Support & Information

Family Pathways Aging Services

Help connecting to and navigating local resources. Caregiver support, caregiver consulting services, advocacy, education, respite, companionship & information.

763-689-8811

Alzheimer's Support Group

Offering support for caregivers, families and friends affected by Alzheimer's Disease.

763-691-6166

Veterans Services Director

An advocate for Veterans & their concerns

763-689-3591

Adult Day Programs

Enabling people to live longer in their own homes through supportive day services.

- **Family Pathways In-home Respite**
763-689-8811
- **Memory Café**
For more information call 763-691-6192
- **Elim Oasis Adult Day**
763-689-8811

Residential & Respite Services

- **GracePointe Crossing**
763-689-1474
- **Praire Senior Cottages**
763-444-4626
- **Solbakken**
763-444-5272
- **Rosewood Senior Living**
763-552-1340

Isanti County Resources

Dining

Sac's Friendship Café

M-TH 11:30 -1:00

Call for daily menu updates after 10:30 AM

763-645-1228

763-689-6555

Cambridge Food Shelf

763-552-3663

Home Delivered Meals

Serving individuals within city limits of Cambridge

763-689-8146

Senior Dining / Meals on Wheels

Isanti Community Center

763-444-5512

Home Care

Visiting Angels Living Assistance Services

Helping individuals maintain the independence and familiar surroundings for those in need of care.

763-552-4043

Guardian Angels Elim Home Care

Provides holistic and compassionate care to adults and the education to remain in the comfort of your own home.

763-552-2160

For more information about the

CambridgeACT on Alzheimer's

call Julie Tooker at 763-691-6192.

Your input and assistance is valuable!

Let's ACT together as we seek to sustain

a dementia friendly community!

Transportation

Heartland Express & Volunteer Driver Program

763-689-8131

Cambridge Cab

763-552-8294

Safety

Cambridge Police Department

763-689-2141

Project Lifesaver

Personal tracking device
Isanti County Sheriff's Office

763-689-2141

There is HOPE!